

Rotary
Mt Eliza



MORNINGTON RAILWAY

Kids' Fun Run with K163

Sunday 18th November



Mornington Peninsula Community Event of the Year in 2017!

EVENT

Kids' Fun Run with K163 consists of age based fun runs at the Moorooduc Railway Station. Kids will run alongside the historic steam train K163 in an effort to raise funds to purchase specialised paediatric beds for kids at Frankston Hospital. *Kids running for kids!*

INFORMATION FOR RUNNERS

Thank you for entering the annual Kids' Fun Run with K163. Parents and Guardians need to read this information carefully to ensure the child's welfare and the smooth running of the event.

TRAVELLING TO MOOROODUC STATION & PARKING

Melways 105 K9

From the North: Turn right off of Peninsula Link freeway (Exit 15) at Frankston-Flinders Road. Left at Sages Road. Left at Moorooduc Highway. Right at Two Bays Road. First left into the main entrance.

From the South: Turn left off of Peninsula Link freeway (exit 17) at Bungower Road. Right at Moorooduc Highway. Left at Two Bays Road. First left into the main entrance.

There is parking available at Moorooduc Station.

SPONSORSHIP

Each runner is encouraged to gain sponsorship to raise funds for Frankston Hospital. The money raised will go toward purchasing equipment for the paediatric ward at Frankston Hospital. Hence our motto – Kids running for kids. You can easily gain sponsorship by sharing your unique fundraising link that was emailed to you at registration or by visiting the website www.k163funrun.org.au

The Purple Fun Run with K163

Proudly sponsored by Mini Maestros, Cripps Family Fish Farm, Progress Signs

Age: 3 years **Time:** 9.30am
Distance: 150 metres (approx.)

The Orange Fun Run with K163

Proudly sponsored by Bunnings, Vinnies Pizza, Athlete's Foot

Age: 4 years **Time:** 9.50am
Distance: 250 metres (approx.)

The Blue Fun Run with K163

Proudly sponsored by Tullys, CivilMech, CB Bistro

Age: 5 years **Time:** 10.10am
Distance: 400 metres (approx.)

The Yellow Fun Run with K163

Proudly sponsored by Barry Plant, Ritchies, David Morris

Age: 6 years **Time:** 10.45am
Distance: 500 metres (approx.)

The Red Fun Run with K163

Proudly sponsored by PARC, Mornington Peninsula Shire Council

Age: 7-8 years **Time:** 11.30pm
Distance: 1000 metres (approx.)

The Green Fun Run with K163

Proudly sponsored by Bayside Perio, Bendigo Bank

Age: 9-10 years **Time:** 12.15pm
Distance: 1500 metres (approx.)

The Peach Fun Run with K163

Proudly sponsored by Lucas Dental, Mornington Magazine

Age: 11-12 years **Time:** 1.05pm
Distance: 2000 metres (approx.)

The Brown Family Fun Run with K163

Proudly sponsored by Core 24, Bayside Shoes

Age: Family **Time:** 1.30pm
Distance: Up to 4000 metres – choose your distance

SUPERVISION

As stated in the Declaration that was agreed to by Parent/Guardian during registration, the parent/guardian is responsible for that child on the day of the Fun Run with K163.

They will determine if the child is medically fit to run in the Fun Run, will ensure that the child can attend the event and will also be present on the day.

They agree to supervise the child in their co-operation with official directions for the duration of the Fun Run day. During the Fun Run the child will be expected to adhere to the Rules set- see RULE section.

CHILDREN IN PRAMS AND WHEELCHAIRS

Children in wheelchairs must be under the supervision of a carer at all times. If a Fun Run participant is in a wheelchair, the wheelchair can only be pushed at walking pace.

For the purpose of safety, wheelchair participants start at the rear of the field and must not pass the other runners. Prams are not permitted during the fun runs.

WARM UP

Fun Run entrants will participate in a warm-up session close to the start sign and about 10 minutes before the run commences. It is strongly recommended that the children participate in their warm up session to ensure their muscles are relaxed and flexible during the course of the fun run.

ASSEMBLY

Participants will assemble behind the Start Sign in the designated Fun Run marshalling area and will be led to the start line at the designated time for their Fun Run. See map on opposite page.

DRESS CODE

Fun Run participants must arrive dressed in suitable running attire. It is recommended for sun protection that sun hats be worn and sunscreen be applied as necessary.

BE EARLY

Registration/check in is to be undertaken at least 30 minutes before the indicated run time. Children must be ready to run no later than 20 minutes prior to their event.

DRINK STATIONS

Each Fun Run participant may receive a free bottle of water at the finish of their run.

RUN NUMBER AND SHOW BAG COLLECTION

The Run Number entitles the entrant to enter into the Fun Run event (as designated on their Fun Run Number). It also entitles the wearer to collect a participant's show bag and participation certificate. Show bags and certificates are available for collection at the conclusion of each Fun Run. Run Numbers are not transferable. If a family member has more than one Fun Run participant, please ensure that each child wears the correct Fun Run Number as allocated by the Kids' Fun Run with K163 Committee.

MEDICAL ATTENTION

A First Aid station will be located on site. Participants must withdraw from the Fun Run with K163 if directed by a medical officer or Fun Run Official.

RULES

Participants MUST obey all instructions given to them by Police and Fun Run Officials. In particular, children must not cross or wander onto railway tracks. Crossing tracks will only be allowed at supervised crossings. All persons are advised to keep a distance of at least 4 metres from moving trains at all times or as indicated by safety lines/barriers.

The course is restricted to participants in the Kids' Fun Run with K163. No cyclists, roller or in-line skates or scooters will be permitted to take part in or accompany the Fun Run, nor can any supporters follow the runners along the course in any vehicle.

Children under 3 years are not permitted to enter or run in any event. Parents and supporters may only follow participants behind the last entrant running. Parents and supporters are not to impede any runner or official.

RUNNING TRACK

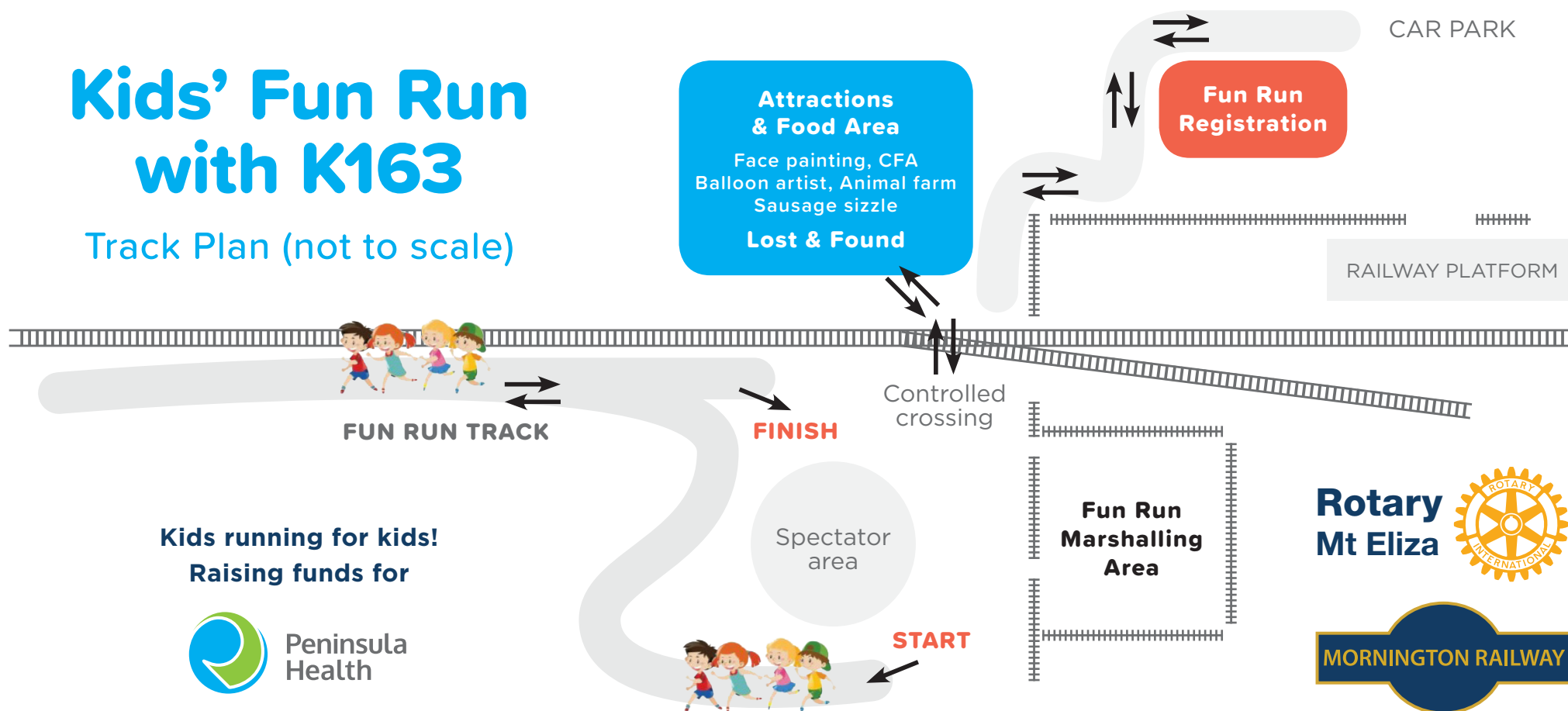
Volunteer marshals will assist in indicating the course to follow.

LOST AND FOUND

A designated area has been set aside for reporting lost children and property (see inset section of the map on the opposite page). Please advise your children that if they become disorientated during the day's events, they can approach Official Volunteers wearing yellow Rotary vests and/or K163 Official badges who will help them find the Lost & Found area.

Kids' Fun Run with K163

Track Plan (not to scale)



Kids running for kids!
Raising funds for



Registration check in is 30 minutes before a run

PURPLE = 3 years old: 150m approx.; Run start 9:30am

ORANGE = 4 years old: 250m approx.; Run start 9:50am

BLUE = 5 years old: 400m approx.; Run start 10:10am



Santa arrives 10:20am!

YELLOW = 6 years old: 500m approx.; Run start 10:45am

RED = 7-8 years old: 1000m approx.; Run start 11:30am

GREEN = 9-10 years old: 1500m approx.; Run start 12:15pm

PEACH = 11-12 years old: 2000m approx.; Run start 1:05pm

BROWN = Family: up to 4000m approx.; Run start 1:30pm
(you choose your distance)

PLEASE NOTE

Dogs (apart from suitably identified registered service dogs) **are not permitted** on any part of the Mornington Railway including stations, platforms, carriages or carparks. This is for the safety of our participants and patrons- there are no exceptions.

Heritage diesel trains will replace steam trains when the steam locomotive is not in service on days of Total Fire Ban, and at the discretion of Mornington Peninsula Preservation Society when extremely high temperatures are forecast or where the days previous for a running day have recorded high temperatures. While we strive to maintain our published schedule, all timetable details may change without prior notice.

For more information & enquiries please contact:

Bruce Harper · 0411 704 022 · bruce_margaretharper@bigpond.com

THANK YOU

The organisers of the Kids' Fun Run with K163 wish to thank all of the Fun Runners, Sponsors, event day volunteers, the Mornington Railway Preservation Society, Mornington Peninsula Shire and Peninsula Health.

We would like to thank all of the local train patrons for their patience and apologise for any inconvenience caused during the running of the Kids' Fun Run with K163.

